

**SENATE JUDICIARY COMMITTEE**  
**Senator Thomas Umberg, Chair**  
**2023-2024 Regular Session**

AB 665 (Wendy Carrillo)  
Version: June 12, 2023  
Hearing Date: June 20, 2023  
Fiscal: No  
Urgency: No  
AWM

**SUBJECT**

Minors: consent to mental health services

**DIGEST**

This bill allows, beginning July 1, 2024, minors aged 12 years and older to consent to outpatient mental health treatment and residential shelter services provided that the treating professional determines that the minor is mature enough to participate intelligently, bringing the provision in line with the current authorization for 12-year-olds with private insurance to consent to mental health treatment.

**EXECUTIVE SUMMARY**

California has two statutes that permit minors who are 12 years of age and older to consent to outpatient mental health services without a parent's or guardian's consent; unfortunately the statutes have different criteria for determining when services may be provided without parental consent. The older statute, Family Code section 6924, allows a minor to consent to outpatient mental health treatment or counseling services, or residential shelter services, if (1) an attending professional determines that the minor is mature enough to intelligently consent; and (2) the minor would present a serious danger of physical or mental harm to self or to others without the treatment or services or is the victim of alleged incest or abuse. The newer statute, Health and Safety Code section 124260, authorizes consent to outpatient mental health treatment when only the former condition is present; it does not require the minor to be a serious threat to self or to others or a victim of incest or abuse in order to consent. Both regimes expressly prohibit a minor from consenting to convulsive therapy, psychosurgery, and psychotropic drugs without parental consent.

Under the usual rules of statutory construction, the later-enacted statute would prevail and all minors aged 12 years and older would be able to access outpatient mental health treatment without being in crisis or the victim of incest or abuse. In this case, however, minors with Medi-Cal were expressly exempted from obtaining mental health care

under the newer statute. As a result, the state sets a higher bar for access to care for minors covered by Medi-Cal, who may consent to the services only if they present a danger to self or to others, or are the alleged victims of incest or child abuse. Minors covered by private health insurance, on the other hand, do not face this additional barrier to treatment. This creates unfair discrimination against minors from lower-income families who qualify for Medi-Cal, and puts mental health professionals in the precarious position of making treatment decisions based on payment methods rather than on the needs and maturity of the minor.

This bill aligns the two code sections by striking from the Family Code, as of July 1, 2024, the requirement that minors may consent to mental health services only if they present a danger of serious physical or mental harm to themselves or others or are the alleged victim of incest or child abuse. The bill also removes those requirements for an adolescent to access temporary or emergency shelter services, which can be essential for adolescents who are homeless or cannot safely return to their homes. These changes will allow minors covered by Medi-Cal the same access to mental health services as their non-Medi-Cal peers and provide greater protections for adolescents who have nowhere else to go.

This bill is sponsored by the California Alliance of Child and Family Services, the Children's Partnership, the National Health Law Program, and the National Center for Youth Law, and is supported by over 60 organizations, including groups representing mental health professionals and advocates for minor mental health access. This bill is opposed by over 15 organizations advocating for parental rights and over 100 individuals.

### **PROPOSED CHANGES TO THE LAW**

Existing law:

- 1) Defines "minor" as an individual under 18 years of age. (Fam. Code, § 6500.)
- 2) Defines the following relevant terms:
  - a) "Mental health treatment or counseling services" is the provision of mental health treatment or counseling on an outpatient basis by a governmental agency; a person or agency having a contract with a governmental agency to provide the services; an agency that receives funding from community united funds; a runaway hose or crisis resolution center; or a professional person, as defined below.
  - b) "Professional person" is a person designated as a mental health professional; a marriage and family therapist; a licensed educational psychologist; a credentialed school psychologist; a clinical psychologist; the chief administrator of an agency providing mental health treatment, counseling services, or residential shelter services; a person registered as an associate

- marriage and family therapist, who is working under the supervision of a licensed professional; a licensed professional clinical counselor; or a person registered as an associate professional clinical counselor, who is working under the supervision of a licensed professional.
- c) "Residential shelter services" is any of the following:
- i. The provision of residential and other support services to minors on a temporary or emergency basis in a facility that services only minors by a governmental agency, a person or agency having a contract with a governmental agency to provide these services, an agency that receives funding from community funds, or a licensed community care facility or crisis resolution center.
  - ii. The provision of other support services on a temporary or emergency basis by any professional person as defined in 2)(b). (Fam. Code, § 6924(a).)
- 3) Permits a minor who is 12 years of age or older to consent to mental health treatment or counseling on an outpatient basis, or to residential shelter services, without the consent of their parent or guardian if both of the following requirements are satisfied:
- a) The minor, in the opinion of the attending professional person, is mature enough to participate intelligently in the outpatient services or residential shelter services; and
  - b) The minor (1) would present a danger of serious physical or mental harm to self or others without the mental health treatment or counseling or residential shelter services, or (2) is the alleged victim of incest or child abuse. (Fam. Code, §§ 6920, 6924(b).)
- 4) Requires a professional person offering residential shelter services, whether as an individual or as a representative of an entity specified in 1)(c), shall make their best efforts to notify the parent or guardian of the provision of services. (Fam. Code, § 6924(b).)
- 5) Provides that the mental health treatment or counseling of a minor authorized by 3) shall include involvement of the minor's parent or guardian unless, in the opinion of the professional person who is treating or counseling the minor, the involvement would be inappropriate. The professional person shall state in the client record whether and when they attempted to contact the minor's parent or guardian, and whether the attempt was successful or unsuccessful or why, in their professional opinion, it would be inappropriate to contact the minor's parent or guardian. (Fam. Code, § 6924(d).)
- 6) Provides that a minor's parent or guardian are not liable for services provided pursuant to 3) except:

- a) For mental health treatment or counseling services, when the parent or guardian participates in the mental health treatment or counseling, and then only for services rendered with the parent or guardian's participation.
  - b) For residential shelter services, when the parent or guardian consented to the provision of those services. (Fam. Code, § 6924(e).)
- 7) Provides that 3) does not authorize a minor to receive convulsive therapy or psychosurgery, as defined, or psychotropic drugs without the consent of the minor's parent or guardian. (Fam. Code, § 6924(f).)
- 8) Permits a minor who is 12 years of age or older to consent to mental health treatment or counseling services if, in the opinion of the attending professional person, the minor is mature enough to participate intelligently in the mental health treatment or counseling services. (Health & Saf. Code, § 124260(b).)
- a) The definition of "professional person" includes mental health professionals not included in 2)(b), including a registered psychologist, a registered psychological assistant, a psychological trainee, an associate clinical social worker, a social work intern, a clinical counselor trainee working under the supervision of a licensed professional, and a board-certified psychiatrist. (Health & Saf. Code, § 124260(a)(2).)
  - b) The treatment shall involve the minor's parent or guardian unless the professional person, after consulting with the minor, determines that the involvement would be inappropriate. (Health & Saf. Code, § 124260(c).)
  - c) Provides that a minor's parent or guardian is not liable for payment for mental health treatment or counseling services unless the parent or guardian participates in the treatment, and then only for services rendered with the participation of the parent or guardian. (Health & Saf. Code, § 124260(d).)
  - d) Provides that 8) does not authorize a minor to receive convulsive therapy or psychosurgery, as defined, or psychotropic drugs without the consent of the minor's parent or guardian. (Health & Saf. Code, § 124260(f).)
- 9) Authorizes Medi-Cal coverage for mental health services consented to by a minor pursuant to 3), but not 8). (Welf. & Inst. Code, §§ 14010, 14029.8.)

This bill:

- 1) Makes findings and declarations regarding California's shortcomings in its provision of mental health care to minors and the pervasive stigma in some communities regarding the need for mental health treatment, which can prevent minors from obtaining essential mental health care.
- 2) Corrects an outdated cross-reference in the definition of "professional person" within Family Code section 6924 (set forth in 2)-7) above).

- 3) Provides that the current version of Family Code section 6924 will become inoperative on July 1, 2024.
- 4) Adds a new version of Family Code section 6924 that will take effect on July 1, 2024, which is substantially similar to the current version except:
  - a) The new version removes the requirement that a minor aged 12 years or older, in order to consent to mental health treatment, counseling, or residential services without the consent of a parent or guardian, either (1) present a danger of serious physical or mental harm to themselves or others without the services, or (2) be the alleged victim of rape or incest.
  - b) The new version modifies the provision addressing when a mental health professional providing treatment to a minor shall involve the minor's parents or guardian, to require parental or guardian involvement unless the professional person, after consulting with the minor, determines that involvement would be inappropriate.
  - c) The new version's definition of "professional person" expressly incorporates the definition of "professional person" set forth in Health and Safety Code section 124260 (see 8)(a), above).

### COMMENTS

#### 1. Author's comment

According to the author:

AB 665 would allow Medi-Cal to cover mental health services that Youth aged 12-18 can currently opt themselves into. Amid mass shootings and COVID-19 recovery, young people are experiencing high levels of anxiety, depression and other mental health challenges. In 2021, the Centers for Disease Control found that 60 percent of teenage girls reported persistent feelings of sadness and 25 percent reported thoughts of suicide, a large spike from years past and a trend accelerating at a faster rate than found in boys.

#### 2. The kids are not alright

Being a teenager was hard enough without smartphones. It was hard enough without social media. It was hard enough without a once-in-a-lifetime global pandemic. It was hard enough without the existential threat of climate change and the unrelenting fear of being shot and killed at school.

All of which is to say, it should come as no surprise that American youths are in a mental health crisis. The Centers for Disease Control and Prevention (CDC) reports that youth have overall worse mental health than they did ten years ago, including greater percentages of high school students experiencing persistent feelings of sadness or

hopelessness, seriously considering attempting suicide, making a suicide plan, and attempting suicide.<sup>1</sup> Nearly one-third of respondents – 29 percent – of high school students reported experiencing poor mental health.<sup>2</sup>

The mental health crisis is particularly acute for female and LGBTQ students: 57 percent of female students, and 69 percent of LGBTQ students, reported experiencing persistent feelings of sadness or hopelessness;<sup>3</sup> 41 percent of female students and 52 percent of LGBTQ students reported experiencing poor mental health within the last 30 days;<sup>4</sup> and 30 percent of female students and 45 percent of LGBTQ students reported seriously considering attempting suicide in the prior year.<sup>5</sup> Kathleen Ethier, the director of the CDC's adolescent and school health division, stated that the CDC has " 'never seen this kind of devastating, consistent findings,' " and "[t]here's no question young people are telling us they are in crisis.' "<sup>6</sup>

According to the chief science officer of the American Psychological Association, the heartbreaking status of youth mental health " 'reflects so many decades of neglect towards mental health, for kids in particular.' "<sup>7</sup> Part of the problem is an overall shortage of mental health care workers in the state: California has over 13 million residents who live in areas designated as a mental health care Health Professional Shortage Area (HPSA) by the United States Department of Health & Human Services.<sup>8</sup> Close to one-third of California's counties have no child and adolescent psychiatrists whatsoever.<sup>9</sup> And even where there are mental health practitioners, many are out of reach for all but the most financially well-off, as clinicians increasingly refuse all types of insurance and accept only cash.<sup>10</sup> Thus, while the U.S. Preventive Services Task Force recommends that adolescents be screened for anxiety beginning at the age of eight<sup>11</sup> and

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<sup>1</sup> CDC, Youth Risk Behavior Survey, Data Summary & Trends Report: 2011-2021, p. 58.

<sup>2</sup> *Ibid.*

<sup>3</sup> *Id.* at p. 60.

<sup>4</sup> *Id.* at p. 62.

<sup>5</sup> *Id.* at p. 64.

<sup>6</sup> Tanner, *CDC data shows U.S. teen girls 'in crisis' with unprecedented rise in suicidal behavior*, PBS.org (Feb. 13, 2023), <https://www.pbs.org/newshour/health/cdc-data-shows-u-s-teen-girls-in-crisis-with-unprecedented-rise-in-suicidal-behavior>. All links in this analysis are current as of June 16, 2023

<sup>7</sup> *Ibid.*

<sup>8</sup> Kaiser Family Foundation, *Mental Health Care Health Professional Shortage Areas as of September 30, 2022*, <https://www.kff.org/other/state-indicator/mental-health-care-health-professional-shortage-areas-hpsas/?currentTimeframe=0&sortModel=%7B%22colId%22:%22Location%22,%22sort%22:%22asc%22%7D>.

<sup>9</sup> Wiener, *Why California Faces A Shortage of Mental Health Workers*, LAist (Sept. 8, 2022), <https://laist.com/news/health/unanswered-cries-why-california-faces-a-shortage-of-mental-health-workers>.

<sup>10</sup> *Ibid.*

<sup>11</sup> U.S. Preventive Services Task Force, *Final Recommendation Statement, Anxiety in Children and Adolescents: Screening* (Oct. 11, 2022), <https://www.uspreventiveservicestaskforce.org/uspstf/recommendation/screening-anxiety-children-adolescents>.

for depression beginning at the age of twelve,<sup>12</sup> this level of preventative mental health care is simply not available for many adolescents.

But the difficulties in obtaining mental health services for adolescents can also come from inside the house, in the form of parents refusing to obtain mental health treatment for their children. Stigma around the issue of mental health is increasingly recognized as a barrier to adolescents getting the mental health treatment they need.<sup>13</sup> “Stigma perceived by parents may not only act as a potential barrier for entering mental healthcare for their child, but may also be an important factor during treatment.”<sup>14</sup> The fear of parental stigma also prevents adolescents from obtaining their own mental health care when parental notification requirements are in place; for example, data from the Trevor Project show that, of the 62 percent of California LGBTQ youth who wanted mental health care but were unable to get it, the most common reason cited for not getting care was not wanting to have to get parental or caregiver permission.<sup>15</sup>

### 3 California’s two-tiered system for adolescents seeking mental health care

“At common law, minors generally were considered to lack the legal capacity to give valid consent to medical treatment or services, and consequently a parent, guardian, or other legally authorized person generally was required to provide the requisite consent.”<sup>16</sup> This general rule was intended to “protect the health and welfare of minors, safeguarding them from the potential overreaching of third parties or the improvidence of their own immature decisionmaking, and leaving decisions concerning the minor’s medical care in the hands of his or her parents, who were presumed to be in the best position to protect the health of their child.”<sup>17</sup>

But parental autonomy is not absolute. “Under the doctrine of *Parens patriae*, the state has a right, indeed, a duty, to protect children. [Citation] State officials may interfere in family matters to safeguard the child’s health, educational development and emotional well-being.”<sup>18</sup>

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<sup>12</sup> U.S. Preventive Services Task Force, Final Recommendation Statement, Depression and Suicide Risk in Children and Adolescents: Screening (Oct. 11, 2022), <https://www.uspreventiveservicestaskforce.org/uspstf/recommendation/screening-depression-suicide-risk-children-adolescents>.

<sup>13</sup> E.g., Drent, et al., Factors Related to Perceived Stigma in Parents of Children and Adolescents in Outpatient Mental Healthcare, *Int. J. Environ. Res. Pub. Health*, 19(19) (Oct. 2000); Chavira, et al., Parent-reported stigma and child anxiety: A mixed methods research study, *Child Youth Serv. Rev.*, 76: 237-242 (May 2017).

<sup>14</sup> Drent, et al., *supra*.

<sup>15</sup> The Trevor Project, 2022 U.S. National Survey on LGBTQ Youth Mental Health by State: California (Dec. 15, 2022), p. 3.

<sup>16</sup> *American Academy of Pediatrics v. Lungren* (1997) 16 Cal.4th 307, 314-315. Going forward, this analysis uses “parent” to include a guardian.

<sup>17</sup> *Id.* at p. 315.

<sup>18</sup> *In re Phillip B.* (1979) 92 Cal.App.3d 769, 801.

Over the last 70 years, California has adopted a number of statutes that allow minors to seek medical care in certain situations without parental consent.<sup>19</sup> Relevant to this bill are two separate provisions authorizing a minor who is 12 years of age or older to consent to and obtain certain types of mental health care services without parental consent: Family Code section 6924 (Section 6924), and Health and Safety Code section 124260 (Section 124260).

Section 6924, which has been in place since the 1970s, authorizes a minor aged 12 years or older to consent to outpatient mental health treatment or counseling services, or residential shelter services, without parental consent, under two conditions.<sup>20</sup> First, the minor must be, in the opinion of the attending professional person, “mature enough to participate intelligently in the outpatient services or residential shelter services.”<sup>21</sup> Second, the minor must either (1) present a danger of serious physical or mental harm to themselves or others without the services, or (2) be the alleged victim of incest or child abuse.<sup>22</sup> The professional person providing mental health services or counseling must include the minor’s parents, unless the involvement would be inappropriate; a professional person offering residential shelter services must make their best efforts to notify the minor’s parents.<sup>23</sup> Mental health treatment and services consented to by a minor pursuant to Section 6924 are covered by Medi-Cal;<sup>24</sup> a parent is not liable for the services provided except to the extent they participate in them.<sup>25</sup>

Section 124260 was enacted in 2010, through SB 543 (Leno, Ch. 503, Stats. 2010). Section 124260 mirrors Section 6924 in that it allows a minor 12 years of age or older to consent to mental health treatment – though not residential shelter services – without parental consent, as long as the attending professional determines that the minor is mature enough to intelligently participate in the treatment.<sup>26</sup> Section 124260 omits, however, Section 6924’s requirement that the minor either present a danger to themselves or others or the alleged victim of incest or child abuse as a condition of obtaining mental health services.<sup>27</sup> Section 124260 also has a modified parental notification requirement, in that it requires the attending professional person to first consult with the minor before deciding whether parental involvement would be inappropriate.<sup>28</sup> The author and sponsors of SB 543 were concerned that Family Code 6924 erected too many barriers for youth who might be in need of mental health treatment and shelter services, both because youth in need of services will likely be reluctant to discuss issues indicating that they are a danger to themselves or others, or a victim of incest or abuse,

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<sup>19</sup> *American Academy of Pediatrics, supra*, 16 Cal.4th at p. 316.

<sup>20</sup> Fam. Code, § 6924(b).

<sup>21</sup> *Id.*, § 6924(b)(1).

<sup>22</sup> *Id.*, § 6924(b)(2).

<sup>23</sup> *Id.*, § 6924(c) & (d).

<sup>24</sup> Welf. & Inst. Code, § 14010.

<sup>25</sup> Fam. Code, § 6924(d).

<sup>26</sup> Health & Saf. Code, § 124260(b).

<sup>27</sup> *See ibid.*

<sup>28</sup> *Id.*, § 124260(c).



as soon as counseling or other mental health treatment begins, and also because it was counterproductive and harmful to force youth to wait until they are in a state of mental health crisis before they could seek help.<sup>29</sup>

As passed by the Assembly Judiciary Committee in June 2009, SB 543 added only the new Section 124260 with the same conditions for obtaining services and parental notification requirement as it has today. The bill then sat on the inactive file for over a year. At the end of session in 2010, the bill came off the inactive file and was amended to make a single change: adding a new section to the Welfare and Institutions Code specifically excluding recipients of Medi-Cal from obtaining care under Section 124260's less restrictive framework.<sup>30</sup> The bill was then enacted and signed.

As a result, California currently has an explicitly two-tiered system of mental health care for minors. As explained by the California Academy of Family Physicians, writing in support:

[Section 6929] creates a higher standard for minors covered by Medi-Cal, who may only consent to the services if they present a serious danger to self or to others, or are the victims of incest or child abuse. Minors covered by private health insurance, on the other hand, do not face this additional barrier to treatment. This creates unfair discrimination against minors from lower-income families who qualify for Medi-Cal and against children of color as a disproportionate number of children covered by Medi-Cal are children of color.

4. This bill equalizes access to mental health care for adolescents and allows adolescents to access services before they are in crisis

This bill makes two significant changes to the existing regime that allows minors aged 12 years and older to consent to mental health care without parental consent, beginning July 1, 2024.

First, the bill harmonizes Section 6924 with Section 124260 so that all adolescents aged 12 and up, not just those with private insurance, can obtain mental health care before they descend into crisis. Specifically, the bill eliminates Section 6924's requirement that an adolescent 12 years old or older either present a danger of serious harm to themselves or others, or be the alleged victim of incest or child abuse, in order to obtain mental health care. The bill also expressly incorporates Section 124260's definition of "professional person" into Section 6924, so all minors aged 12 and older can seek mental health care from the same range of professionals. Again, these provisions are already in

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<sup>29</sup> See Sen. Com. on Judiciary, Analysis of Sen. Bill No. 543 (2009-2010) as introduced, p. 2.

<sup>30</sup> See SB 543 (Leno, Ch. 503, Stats. 2010), as amended Aug. 20, 2010; see also Welf. & Inst. Code, § 14029.8.

place for adolescents aged 12 and up with private health care; the bill simply grants adolescents with Medi-Cal the same access.

Second, by removing the requirement that an adolescent pose a serious harm to themselves or others or be the alleged victim of incest or child abuse, the bill also allows minors aged 12 and older to consent to emergency and temporary residential shelter services prior to experiencing crisis, or, importantly, when they are not ready to talk about the conditions of their crisis. The temporary and emergency shelter services covered by this bill are not, as some of the bill's opponents seem to believe, inpatient psychiatric facilities (e.g., psychiatric residential treatment facilities), nor are they long-term group home settings; this bill does not allow minors to seek inpatient services or emancipate teens to live in an adult-free Neverland. In actuality, the emergency and temporary shelter services covered by this bill are for adolescents who are homeless or, for whatever reason, do not feel safe at home and face the choice between a shelter or the street.<sup>31</sup> Shelter staff determine, within a few days, whether the minors in their care can safely return to their homes or whether child protective services should be involved; these shelters are thus vital for adolescents who simply need a short cooling-off period before returning to their homes or who need a place to go to escape a genuinely abusive or unsafe situation.

As stakeholders explain, many adolescents who feel the need to seek emergency shelter services are not in a mental place where they are able to talk about the circumstances that brought them there, either because of the extent of the trauma or because they do not know if they can trust the staff. By eliminating the serious harm/incest or child abuse condition, the bill ensures that minors with bad home situations will have the option of seeking shelter at a safe place, rather than living on the street or being cajoled into staying with people who do not have their best interests at heart.<sup>32</sup>

The bill otherwise maintains the guardrails present in both Section 6924 and Section 124260. The right of adolescents to consent to mental health treatment is still conditioned on the professional determining that the minor is sufficiently mature to intelligently participate in the counseling or other mental health treatment, and the prohibition on minors receiving convulsive therapy or psychotherapy without parental

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<sup>31</sup> According to stakeholders, the most common reason a school counselor would attempt to connect a student with a shelter covered by this bill is when the counselor has reason to believe that the student is living on the street or in another unsafe non-home situation. Stakeholders report that opponents' suggestion that adolescents are "referred" to the covered shelters by medical professionals or school counselors is incorrect and appears to be predicated on the erroneous conflation between these shelters and inpatient psychiatric treatment facilities.

<sup>32</sup> For example, one study found that 19 percent of homeless youth had been victims of some form of human trafficking, including 17 percent who had been trafficked for sex or sex and labor. (Murphy, Labor and Sex Trafficking Among Homeless Youth: A Ten-City Study (2016), p. 4.) Other sources report that 68 percent of youth who have been trafficked or engaged in survival sex or commercial sex did so while homeless. (National Network for Youth, What Is Human Trafficking? (2022), <https://nn4youth.org/learn/human-trafficking/>.)

consent. The bill also only slightly modifies the parental notification portion in Section 6924 – again, to bring it in line with Section 124260 – by clarifying that a professional must consult with the minor prior to determining whether it would be appropriate to notify their parents.

As noted above, all of the bill’s provisions – except for a nonsubstantive change to correct a cross-reference relating to licensed professional psychologists – are set to take effect on July 1, 2024. The delayed implementation date is intended to give the governmental stakeholders time to adjust to the change in the law.

#### 5. Arguments in support

The bill’s supporters argue that this bill will increase access to much-needed care for adolescents, particularly adolescents who are people of color or who otherwise face obstacles to obtaining mental health treatment. For example, the Alameda County Board of Supervisors writes:

In Alameda County, 123,712 children are enrolled in Medi-Cal (35.5% of all children). Statewide, less than 19% of low-income teenagers on Medi-Cal received screenings for depression and a follow-up plan in 2020, while nearly 1 in 3 adolescents in California reported symptoms that meet the criteria for serious psychological distress. Less than 9% of Indigenous youth on Medi-Cal received a screening and plan. In 2018, the Children’s Trust found that over 70% of youth with mental health needs did not have access to services, even if they have health insurance. This increases to 80% among youth with non-English speaking parents. Surveys show that making parental involvement or notification mandatory drastically reduces the likelihood that teens will seek timely treatment; reasons include significant family stigma surrounding mental health treatment or household fear of immigration enforcement.

Barriers remain to ensuring youth receive timely mental health care and interventions despite recent and ongoing initiatives expanding prevention and early intervention services for children and youth. This bill would align the mental health care consent standards for all young people in California by not requiring youth on Medi-Cal to meet a higher standard of need than their peers on private insurance.

#### 6. Arguments in opposition

The bill’s opponents are generally opposed to the bill’s expansion of minors’ ability to consent to mental health treatment and shelter services without parental consent. For example, Real Impact argues:

Under existing law, minors aged 12 and above can receive mental health treatment if other criteria are met. These criteria serve as a reasonable basis to determine whether intervention is necessary to protect the minor. However, AB 665 proposes that a minor's judgment, along with the treatment of the minor's counselor, would determine whether parental involvement is necessary or "appropriate." By granting such discretionary power to professionals, AB 665 undermines the fundamental role of parents in the lives of their children and disregards their inherent right to make informed decisions regarding their child's welfare.

### SUPPORT

California Alliance of Child and Family Services (co-sponsor)

The Children's Partnership (co-sponsor)

National Health Law Program (co-sponsor)

National Center for Youth Law (co-sponsor)

A Greater Hope

ACCE Action

ACLU California Action

Alameda County Board of Supervisors

Alliance for a Better Community

Alum Rock Counseling Center

American Academy of Pediatrics

API Equality-LA

Asian Americans Advancing Justice Southern California

Aspiranet

Blue Shield of California

Board of Behavioral Sciences

Cal Voices

California Academy of Family Physicians

California Association of Certified Family Law Specialists

California Association of Social Rehabilitation Agencies

California Children's Trust

California Coalition for Youth

California Family Resource Association

California High School Democrats

California Latinas for Reproductive Justice

California Psychological Association

California School-Based Health Alliance

California State Association of Psychiatrists

California Youth Empowerment Network

Casa Pacifica Centers for Children and Families

Children Now

California Pan-Ethnic Health Network

Child Abuse Prevention Center  
Children's Hospital of Los Angeles, Division of Adolescent and Young Adult Medicine  
Children's Specialty Care Coalition  
Communities for Restorative Youth Justice  
Community Health Councils  
County Behavioral Health Directors Association of California  
County Welfare Directors Association of California  
GENup  
Health Net  
Inland Coalition for Immigrant Justice  
John Burton Advocates for Youth  
KIPP SoCal Public Schools  
Mental Health America of California  
NAMI - CA  
National Association of Social Workers - California Chapter  
Oakland Privacy  
Orange County United Way  
Pacific Clinics  
Public Counsel  
Racial and Ethnic Mental Health Disparities Coalition  
SEIU California  
Seneca Family of Agencies  
Sierra Vista Child and Family Services  
Steinberg Institute  
Sycamores  
Thai Community Development Center  
The Children's Partnership  
The Kennedy Forum  
The Los Angeles Trust for Children's Health  
The W. Haywood Burns Institute  
West Coast Children's Clinic  
Western Center on Law & Poverty  
Youth Forward

**OPPOSITION**

Bridge Network  
California Capitol Connection  
California Catholic Families 4 Freedom CA  
California Family Council  
California Nurses United  
California Parents Union  
California Rise Up  
California's Legislative Voice

Freedom Angels  
Natomas USD for Freedom  
Our Duty  
Parents for Liberty Pasadena  
PERK  
Real Impact  
Silicon Valley Association of Republican Women  
Stand Up California  
Stand Up Sacramento County  
Take A Stand Stanislaus  
Approximately 100 individuals

### **RELATED LEGISLATION**

#### **Pending Legislation:**

SB 457 (Menjivar, 2023) authorizes a minor who is 15 years of age or older and living separate and apart from their parent or guardian and managing their own finances to consent to vision care. SB 457 is pending on the Assembly Floor.

AB 816 (Haney, 2023) authorizes a minor who is 16 years of age or older to consent to replacement narcotic abuse treatment that uses buprenorphine. AB 816 is pending before this Committee and is set to be heard on the same day as this bill.

#### **Prior Legislation:**

AB 1808 (Wood, Ch. 292, Stats. 2016) expanded the number of health care professionals who could provide mental health services to a consenting minor pursuant to Section 124260.

SB 543 (Leno, Ch. 503, Stats. 2010) enacted Section 124260.

### **PRIOR VOTES:**

Assembly Floor (Ayes 55, Noes 9)  
Assembly Judiciary Committee (Ayes 7, Noes 2)

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